## Capacity Building of KRPs on Life Skills through Newly Developed Textbooks for Preparatory and Middle Stages

NERIE, NCERT - Shillong, Meghalaya

The North East Regional Institute of Education (NERIE), NCERT, Shillong, Meghalaya, in collaboration with IALSE, organized a five-day Life Skills Training Program from 18–22 August 2025 at NERIE, Shillong. The program, titled Capacity Building of KRPs on Life Skills through Newly Developed Textbooks for Preparatory and Middle Stages, was facilitated by Dr. Radhakrishnan Nair, President, IALSE, and Dr. Gauri Hardikar, Vice-President, IALSE. It was coordinated by Dr. Seema Nambiar, Assistant Professor, NERIE, and Life Member, IALSE.

A total of 26 faculty members from Assam, Meghalaya, Arunachal Pradesh, Sikkim, Nagaland, and Mizoram participated in the program. The training offered in-depth inputs on the ten core life skills and demonstrated practical strategies for integrating them into the curriculum. Participants engaged in hands-on sessions on curriculum mapping, which provided them with concrete tools for classroom application. The program received high appreciation for its strong conceptual foundation, experiential learning approach, and engaging methodology that combined theory with practice.















