



Indian Association of Life Skills Education (IALSE)

In Collaboration with

Smt. M.M.P. Shah Women's College of Arts & Commerce (Autonomous)

Chandulal Chandrakar Govt. Arts and Commerce College, Dhamdha, Dist-Durg (CG)

Govt. Naveen College, Pendrawan, Dist-Durg (CG)

Invite you to

Lecture #3



of the

Voice of Life Lecture Series

&

Observation of

Single Working Women's Day

 **Date:** Monday, Aug 04, 2025 |  **Time:** 2:00 PM – 3:00 PM

 **Program is Free for All to Join**

 **Platform:** Zoom

<https://us06web.zoom.us/j/88357335040?pwd=aLCaaVEiROQvgfwWTn5iJXdY3EihEY.1>

Meeting ID: 883 5733 5040 | **Passcode:** 874819

About Single Working Women's Day

Single Working Women's Day, observed annually on **August 4th**, honours the strength, resilience, and contributions of single women who navigate both professional and personal life independently. Founded in 2006 by Barbara Payne, the day challenges outdated stereotypes and celebrates the courage, creativity, and economic impact of single working women across the globe. It's a moment to recognize their achievements, advocate for workplace equality, and promote social acceptance of diverse life choices.

Observing this day in the context of **"Thriving as Single Working Women: A Life Skills Perspective,"** helps us to explore core life skills that fuel success and well-being and empower single women to apply these life skills in their professional and personal lives. From **self-management, emotional intelligence, and financial literacy** to **assertive communication, decision-making, and stress management**, these skills are the pillars of thriving - not just surviving - as single working women.

Program Schedule:

2.00 – 2.05 PM Welcome Address

Prof. Dr. UshaKiran Agarwal

Principal

Chandulal Chandrakar Govt. Arts and Commerce College, Dhamdha, Dist-Durg (CG)

Govt. Naveen College, Pendrawan, Dist-Durg (CG)

2.05 – 2.10 PM Presidential Address

Dr. A. Radhakrishnan Nair

President

IALSE

2.10 – 2.40 PM Lecture #3 – Voice of Life Lecture Series

“Thriving as Single Working Women: A Life Skills Perspective”

Dr. Sujata Khandekar

Founding Director

Community of Resource Organisations (CORO), Mumbai

2.40 – 2.55 PM Participants Interaction

2.55 – 3.00 PM Vote of Thanks

Dr. Archana Patki

Head, Department of Psychology & Principal


Smt. M.M.P. Shah Women's College of Arts & Commerce (Autonomous)

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 **Registered participants will receive an e-certificate. Click here to register:**

<https://forms.gle/EPCRtoWoisSMXKwL7>

 **Registration fees: Rs. 100/-** (payment details are mentioned in the registration form)

For registration enquiries, contact: Mr. B. Senthil, Joint Secretary, IALSE

 **Call:** 99625 52223 |  **Email:** ialse.india@gmail.com |  **Website:** www.ialse.in

For more information about the program, contact: Dr. Archana Patki - Lead Coordinator, Voice of Life Lecture Series

 **Call:** 99209 29532 |  **Email:** archanaapatki@yahoo.co.in