



Indian Association of Life Skills Education

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Certificate Program Announcement

Indian Association of Life Skills Education (IALSE) is pleased to announce a **15-Hour Online Certificate Program**, titled: **Mastering Everyday Life – Life Skills for Thriving** on the theme; ***Decision-Making in Everyday Life***

According to UNICEF, life skills are “higher-order, transversal and transferrable psychosocial skills” that encompass higher-order psychosocial capabilities that empower individuals to think critically, navigate complex decisions, solve problems, manage emotions, communicate effectively, and build healthy relationships. This certificate program combines life skills under application-driven components, addressing the need for focused skill enhancement, specifically on the theme: ***Decision-Making in Everyday Life***

The expected outcomes of the program are:

- **Evaluate** everyday scenarios using decision-making frameworks;
- **Generate** alternative solutions;
- **Choose** appropriate responses

Program Highlights

- Theme-based 15-hour certificate program in Online mode
- 👤 Expert facilitators from IALSE

Eligibility: Undergraduates, Postgraduates, Professionals

Key information:

- Registration Fee: **₹1500/-** per participant (For IALSE members - **₹1000/-**)
- Minimum batch size: 30 participants
- Format: Live online sessions
- Duration: **10 sessions of 1.5 hours each**
- **Dates:** 5th – 19th August 2025, Monday to Friday (excluding 15th Aug 2025)
- **Timings:** 6.30 – 8.00 PM
- Attendance requirement: **Minimum 75%**
- **Certification:** e-Certificate will be issued by IALSE to participants who complete the assignment and attendance criteria
- Program will be facilitated by **Life Skills experts from IALSE**
- Worksheets and hand-outs will be shared with participants

Registrations Open!

Click the link below to save your seat: <https://forms.gle/5Bz3UtHVKBtu3P3k8>

For more information contact: Ms. Rama Bhide, Secretary, IALSE

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