



**INDIAN ASSOCIATION OF LIFE SKILLS
EDUCATION (IALSE), CHENNAI
&
MAR THEOPHILUS TRAINING COLLEGE,
THIRUVANANTHAPURAM**



In Partnership with

BHARAT BHAAVIKA FOUNDATION, THIRUVANANTHAPURAM

AJMAL FOUNDATION, HOJAI, ASSAM

FAMILY PLANNING ASSOCIATION OF INDIA, MUMBAI

JYOTHIS CENTRAL SCHOOL, KAZHAKKUTTAM



Invite you to the

**9th INTERNATIONAL CONFERENCE ON
LIFE SKILLS EDUCATION (ICLSE 2024)**

On

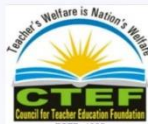
**Global Synergy for Sustainable Development:
Integrating Life Skills for Systemic Change**

from 4 – 6 JANUARY, 2024

Pre Conference Workshop on 2 & 3 JANUARY, 2024

**at Mar Theophilus Training College,
Thiruvananthapuram**

In Collaboration With



**Council for Teacher
Education Foundation,
Thiruvananthapuram, India**



**Life Skills Education
Institute Pvt. Ltd,
Kathmandu, Nepal**



**Emotional Intelligence and Life
Skills Training Team,
Boralesgamuwa, Sri Lanka**



**Indian Ocean
Comparative Education
Society, Mumbai, India**



**World Curriculum
Geneva,
Switzerland**



**Sree Vidhyadhiraja International
Study and Research Centre,
Thiruvananthapuram**



**AIRIO Global
Somerset, NJ
USA**

PROGRAMME SCHEDULE

Day One: 04/01/2024

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| 09.00 – 10.00 am | Registration |
| 10.00 – 11.30 am | Inaugural |
| 11.30 – 11.45 am | Tea Break |
| 11.45 – 01:30 pm | Parallel Sessions Symposium I: The Prospect and Retrospect of Life Skills Education in SAARC School Systems Panel Discussion I: Prioritizing Life Skills Education in Schools in the Context of NEP 2020 |
| 01.30 – 02.30 pm | Lunch Parallel Sessions |
| 02.30 – 05.00 pm | Teen Talk: Life Skills for Personal and Academic Excellence |
| 02.30 – 04.00 pm | Panel Discussion II: Challenges and Opportunities of Life Skills Education in the Digital Era and AI |
| 04.00 – 04.15 pm | Tea Break |
| 04.15 – 06.00 pm | Parallel Sessions Round Table: Life Skills and Gender Seminar: Life Skills for Mental Health and Well-being Thematic paper presentations |

Day Two: 05/11/2022

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| 09:00 – 11:00 am | Parallel Sessions Symposium II: Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences |
| 09:30 – 10:30 am | Invited Lecture: Drivers of Adolescent Sexual Reproductive Health Risks: Imperative of Life Skills Education as Mitigators |
| 10.30 – 10.45 am | Tea Break |
| 10:45 – 01:30 pm | Plenary Session NGO Conclave: Life Skills Education for Social Empowerment and Inclusion |
| 01.30 – 02.30 pm | Lunch |
| 02.30 – 04.00 pm | Parallel Sessions |

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| | Panel Discussion III: Fostering Self-Reliance and Employability Through Life Skills Panel Discussion IV: Environment and Life Skills Education – Sustainable practices |
| 04.00 – 04.15 pm | Tea Break |
| 04.15 – 06:00 pm | Parallel Sessions Think Tank: Empowering the Disabled, the Life Skills Way Thematic paper presentations |
| Day Three: 06/11/2022 | |
| 09.30 – 11.15 am | Parallel Sessions Symposium III: Integrating and Mapping Life Skills in School & Higher Education Curriculum Panel Discussion V: Life Skills for Human Rights, Citizenship, and Social Harmony Brainstorming: Implementation Strategy for UGC Module on Life Skills Education |
| 11.15 – 11.30 am | Tea Break |
| 11.30 – 01.30 pm | Parallel Sessions Focus Group Discussion: Life Skills in Teacher Education System Symposium IV: Yoga as a Supplementary Tool to Life Skills for Personal Effectiveness |
| 01.30 – 02.30 pm | Lunch |
| 02.30 – 03.30 pm | Valedictory |

LIST OF SESSIONS

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| Symposium I | The Prospect and Retrospect of Life Skills Education in SAARC School Systems |
| Symposium II | Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences |
| Symposium III | Integrating and Mapping Life Skills in School & Higher Education Curriculum |
| Symposium IV | Yoga as a Supplementary Tool to Life Skills for Personal Effectiveness |
| Panel Discussion I | Prioritizing Life Skills Education in Schools in the Context of NEP 2020 |
| Panel Discussion II | Challenges and Opportunities of Life Skills Education in the Digital Era and AI |
| Panel Discussion III | Fostering Self-Reliance and Employability Through Life Skills |

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| Panel Discussion IV | Environment and Life Skills Education – Sustainable practices |
| Panel Discussion V | Life Skills for Human Rights, Citizenship, and Social Harmony |
| NGO Conclave | Life Skills Education for Social Empowerment and Inclusion |
| Teen Talk | Life Skills for Personal and Academic Excellence |
| Round Table | Life Skills and Gender |
| Seminar | Life Skills for Mental Health and Well-being |
| Invited Lecture | Drivers of Adolescent Sexual Reproductive Health Risks: Imperative of Life Skills Education as Mitigators |
| Think Tank | Empowering the Disabled, the Life Skills Way |
| Brainstorming | Implementation Strategy for UGC Module on Life Skills Education |
| Focus Group Discussion | Life Skills in Teacher Education System |

SUB THEMES:

1. Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences.
2. Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes.
3. Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts.
4. Cultivating Entrepreneurs and Fostering Employability: Life Skills for Self-Reliance and Innovation.
5. Life Skills Education as an instrument to foster gender equality and social inclusivity.
6. Application of Life Skills to empower differently abled and socially, economically, and culturally disadvantaged communities.
7. Resolving the digital divide and widening technological inequalities through Life Skills Education.
8. Life Skills Education for better negotiations and bargaining for intra-household equity, democracy, and citizenship.
9. Life Skills in the Indian Education System - Policy Initiatives and Strategies.
10. Life Skills for Informed Choices: Adolescents and Reproductive Health.
11. Life Skills and Yoga for Health and Wellbeing.
12. Lifelong Learning for All: Life Skills Across Generations.
13. Life Skills for Human Rights, Social Harmony, Peace and Compassion.

Day One: 04/01/2024

| | PROGRAMME AND SESSION DETAILS |
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| 09.00 am onwards | Welcoming Guests |
| 10.00 am - 11.30 am (IST) | <p style="text-align: center;">INAUGURAL FUNCTION</p> <p style="text-align: center;">10.00 – 10.05 am: Welcome Song Students of Mar Theophilus Training College</p> <p style="text-align: center;">10.05 – 10.10 am: Welcome Address Dr. Joju John Principal (I/c), Mar Theophilus Training College & Convenor, ICLSE 2024</p> <p style="text-align: center;">10.10 – 10.15 am: Lighting of the Lamp Chief Guest & Others</p> <p style="text-align: center;">10.15 – 10.25 am: Presidential Address Dr A. Radhakrishnan Nair Founder President, IALSE & Chairperson, ICLSE 2024</p> <p style="text-align: center;">10.25 – 10.30 am: Blessings Moran Mor Baselios Cardinal Cleemis Catholicos</p> <p style="text-align: center;">10.30 – 10.35 am: Address by Mr. Sangeet Kumar Chairman, Sri Vidhyadhiraja International Study and Research Centre</p> <p style="text-align: center;">10.35 – 10.40 am: Address by Dr. Kalpana Apte Director General, Family Planning Association of India, Mumbai</p> <p style="text-align: center;">10.40 – 10.45 am: Address by Sri. Jiji Thomson IAS (Retd) Former Chief Secretary, Government of Kerala</p> <p style="text-align: center;">10.45 – 11.00 am: Key Note Address Dr. Shekhar Seshadri Former Director, NIMHANS, Bangalore</p> <p style="text-align: center;">11.00 – 11.20 am: Inaugural Address Sri. V. Muraleedharan Hon. Minister of State, External Affairs and Parliamentary Affairs, Govt. of India</p> |
| Venue: Mar Baselios Engineering College Auditorium | |

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| | <p align="center">11.20 – 11.25 am: Vote of Thanks</p> <p align="center">Prof. (Dr.) M. N. Musthafa Professor & Head, Dept. of Education, Director, ESNCLSE Central University of Kerala; President, IALSE & Director, ICLSE 2024</p> <p align="center">On the dais Ms. Rama Bhide, Secretary, IALSE & Organizing Secretary, ICLSE 2024 Prof. (Dr.) Maya S., Professor, Mar Theophilus Training College & Organizing Secretary, ICLSE 2024</p> |
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| <p>Date: 04.01.2024</p> <p>Time: 11.45 am - 1.30 pm (IST)</p> <p>Venue 1: MTTC Auditorium</p> | PLENARY - SYMPOSIUM I THE PROSPECT AND RETROSPECT OF LIFE SKILLS EDUCATION IN SAARC SCHOOL SYSTEMS | |
| | Keynote Speaker Rt. Rev. Dr. Joseph Mar Thomas President, AIRIO Global | |
| | Moderator Dr A. Radhakrishnan Nair Founder President, IALSE | |
| | Symposia Speakers | |
| | Dr. Pramila Thapa Associate Professor and Founder of Life Skills Education Institutes, YHSA, Nepal | Mr. Abdulla Ismail Head of Foreign Relations, Ministry of Education, Maldives |
| | Mr Roshan Dalabandara Nutritionist, Consultant, Emotional Intelligence and Life Skills Training Team, Sri Lanka | Prof. Dr. Protiva Rani Karmaker Professor (English), Institute of Modern Languages, Jagannath University, Dhaka, Bangladesh (Online) |
| | Mr. Nyendo Tshering Principal Specialist, Changangkha MSS, Bhutan (Online) | Dr. Gauri Hardikar Senior Vice-President, World Curriculum; Secretary, IOCES, Mumbai, India (Online) |
| | TR. IN. CHARGE: Dr. Ancy A.S. & Dr. Rashmi Student Coordinators: RAPPORTEURS: Sindhu Sarah & Vincy COMPERING: Athena (Eng) (Welcome Speech), Shafina (Eng) (Vote Of Thanks) | |

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| | REPORT: Arya (SS), Jeena (Eng) TECHNICAL SUPPORT: Dean John (Ps) PHOTOS: Sindhu Sarah |
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| Date: 04.01.2024 Time: 11.45 am - 12.15 pm (IST) Venue 2: Seminar Hall (First Floor) | <p style="text-align: center;">Talk</p> <p style="text-align: center;">PRIORITIZING LIFE SKILLS EDUCATION IN SCHOOLS IN THE CONTEXT OF NEP 2020</p> |
| | <p style="text-align: center;">Keynote Speaker Prof. K. Ramachandran Professor, National Institute of Educational Planning and Administration, Delhi</p> |
| | TR. IN. CHARGE: Dr. Neena Thomas Student Coordinators: RAPORTEURS: Jyotsna P., Pavithra COMPERING: Preethi Abraham (Math) REPORT: Anju Alex (PS) TECHNICAL SUPPORT: Vivek (Phy) PHOTOS: Jyotsna P. |

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| Date: 04.01.2024 Time: 12.15 pm - 1.30 pm (IST) Venue 2: Seminar Hall (First Floor) | <p style="text-align: center;">PLENARY- PANEL DISCUSSION I</p> <p style="text-align: center;">PRIORITIZING LIFE SKILLS EDUCATION IN SCHOOLS IN THE CONTEXT OF NEP 2020</p> |
| | <p style="text-align: center;">Moderator: Prof. S. Mani Professor & Head, Dept. of Educational Planning and Administration, Tamil Nadu</p> |
| | <p style="text-align: center;">Panelists</p> |

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| | <p>Prof. K Y Benedict Principal, Mother Teresa College of Teacher Education, Perambra, Kozhikode, Kerala, India</p> | <p>Prof. Kamala Selvaraj Former Principal, Grace College of Education, Padanthalumoodu, Kanyakumari, Tamil Nadu</p> |
| | <p>TR. IN. CHARGE: Mr. Rakesh Sharma</p> <p>Student Coordinators: RAPORTEURS: Sanila, Deepa COMPERING: Abhirami (Eng), Navya (Eng) REPORT: Lincy (M.Ed.), Arya (SS) TECHNICAL SUPPORT: Shaifi Thompson PHOTOS: Sanila</p> | |

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| <p>Date: 04.01.2024</p> <p>Time: 2.30 pm - 5.00 pm. (IST)</p> <p>Venue 1: MTTC Auditorium</p> | <p>TEEN TALK LIFE SKILLS FOR PERSONAL AND ACADEMIC EXCELLENCE</p> | |
| | <p>Keynote Speaker Sri Vijayan, IPS Inspector General of Police, Kerala</p> <p>Moderator: Dr. Shekhar Seshadri Former Director, NIMHANS, Bangalore</p> | |
| | <p>Mr Isuru Ranaweera Founder Chairman, Lassana Kolonnawa Youth Network, Sri Lanka</p> | <p>Ms. Ozai Mehr Chinmaya Vidyalaya, Vidya Nagar, Kasaragod</p> |
| | <p>Nanma. S Holy Angels CBSE School</p> | <p>Minna Renjith Christ Nagar Central School, Kowdiar</p> |
| | <p>Naira Naushad LVHS Pothencode</p> | <p>Devaki DS Carmel HSS, Vazhuthacaud</p> |
| | <p>Gowripriya S GHSS Venjaramoodu</p> | <p>Sradha S S GHSS Venjaramoodu</p> |
| | <p>Parvathy U V GHSS Venjaramoodu</p> | <p>Nasreen R. LVHS Pothencode</p> |
| | <p>TR. IN. CHARGE: Mrs. Shiney Jacob</p> <p>Student Coordinators: RAPORTEURS: Malini, Neethu COMPERING: Athena (Eng), Anagha Aji (Phy) REPORT: Adharsh (SS), Neeraj (Math)</p> | |

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| | TECHNICAL SUPPORT: Arjun (Phy) PHOTOS: Malini |
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| <p>Date: 04.01.2024</p> <p>Time: 2.30 pm - 4.00 pm</p> <p>Venue 2: Seminar Hall (First Floor)</p> | <p align="center">PLENARY- PANEL DISCUSSION II</p> <p align="center">CHALLENGES AND OPPORTUNITIES OF LIFE SKILLS EDUCATION IN THE DIGITAL ERA AND AI</p> | |
| | <p align="center">Moderator: Dr. Asharaf S. Professor and Dean, (Development) Digital University of Kerala</p> | |
| | <p align="center">Panelists</p> | |
| | <p align="center">Dr. Achuthsankar S Nair Former Professor, Dept of Computational Biology and Bioinformatics, University of Kerala</p> | <p align="center">Mr Prasad Jayasinghe Managing Director, Master Trainer, EI & Life Skills Training Team, Sri Lanka</p> |
| | <p align="center">Dr. Thasleema TM Assistant Professor, Dept. of Computer Science, Central University of Kerala</p> | <p align="center">Aneesh M Das Department of Mass Communication and Journalism, NMSM Govt. College, Kalpetta</p> |
| | <p>TR. IN. CHARGE: Dr. Deepthi Elizabeth Matthews</p> <p>Student Coordinators: RAPORTEURS: Anju C.K, Jeena COMPERING: Athena (Eng), Ancy (NS) REPORT: Anju Alex (PS), Ancy (Eng) TECHNICAL SUPPORT: Vivek PHOTOS: Anju C.K</p> | |

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| <p>Date: 04.11.2022</p> <p>Time: 4.15 pm - 6.00 pm (IST)</p> <p>Venue 3:</p> | <p align="center">ROUND TABLE LIFE SKILLS AND GENDER</p> |
| | <p align="center">Moderator: Dr. K S Jayasree Associate Professor, Sree Narayana College, Kollam</p> |

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| M.Ed. Conference Room | Prof. Uma Joshi Former Dean Social Sciences, Humanities and Liberal Arts, Director, AIBAS, Amity University, Rajasthan, Jaipur | Ms. Rani Mohandas Chairperson, Mohandas College of Engineering and Technology |
| | Prof. M S Geetha Former Principal, Govt. College of Teacher Education, Thiruvananthapuram | Dr. Joju John Principal in Charge, Mar Theophilus Training College, Nalanchira |
| | Dr. Jyothi S Nair Assistant Professor, HoD Sociology, KNM Govt College, Kanjiramkulam | Dr. Amruthraj R M Specialist in Women's Studies, Kerala Institute of Local Administration (KILA), Thrissur |
| | Dr. Babitha Justin Asso. Prof., Indian Institute of Space Science and Technology, Thiruvananthapuram | Ms. Mini Mohan T.S. Migrant Research Consultant, Equidem Research, Thiruvananthapuram |
| | Priya (SS) First Year B.Ed, Mar Theophilus Training College, Nalanchira | Sr. Alphonse First Year B.Ed, Mar Theophilus Training College, Nalanchira |
| | TR. IN. CHARGE: Dr. Neena Thomas Student Coordinators: RAPORTEURS: Vincy, Akanksha COMPERING: REPORT: Abeesha (SS), Shehnaz (SS) TECHNICAL SUPPORT: PHOTOS: Vincy | |

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| Date: 04.01.2024 Time: 4.15 pm - 6.00 pm Venue 2: Seminar Hall (First Floor) | SEMINAR LIFE SKILLS FOR MENTAL HEALTH AND WELLBEING |
| | Keynote Speaker Dr. K Ellangovan IAS (Retd) Managing Director, INKEL, Kochi Moderator: Dr. Kalpana Apte Director General, FPAI, Mumbai |
| | Panelists |

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| | Dr. Subasree Vanamali Associate Professor, Department of Psychology, Madras School of Social Work | Prof. Dr. Giby Geevarughese Former Professor, Mar Theophilus Training College, Thiruvananthapuram |
| | TR. IN. CHARGE: Dr. Ancy A. S. Student Coordinators: RAPORTEURS: Jyotsna P. Swami Gurunand COMPERING: Aleena (Eng), Shiyangsha (Eng) REPORT: Alena (NS), Malavika (Eng) TECHNICAL SUPPORT: PHOTOS: Swami Gurunand | |

4.15 pm - 6.00 pm: **THEMATIC PAPER PRESENTATIONS**

Day Two: 05/01/2024

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| Date: 05.01.2024 Time: 9.00 am - 11.00 am (IST) Venue: 2: Seminar Hall First Floor (Online) | PLENARY- SYMPOSIUM II SYSTEMIC TRANSFORMATION THROUGH LIFE SKILLS EDUCATION FOR ACHIEVING SUSTAINABLE DEVELOPMENT GOALS - GLOBAL AND LOCAL PERSPECTIVES AND CROSS-CULTURAL EXPERIENCES Host: World Curriculum & Indian Ocean Comparative Education Society | |
| | Moderator: Dr. Kanishka Bedi President, World Curriculum by Comparative Education Societies & President, Indian Ocean Comparative Education Society | |
| | Symposia Speakers | |
| | Dr. Sylvia van de Bunt UNESCO Chair 'Cross Cultural Sustainability'; SERVUS, Vrije Universiteit Amsterdam | Dr. Narendra Deshmukh Scientific Officer, Homi Bhabha Centre for Science Education, TIFR, Mumbai; Senior Vice President IOCES; Advisory Board Member, World Curriculum |

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| | <p>Dr. Hisako Inaba Vice President, Secondary Education, World Curriculum; Executive Committee member, IOCES; Professor Emeritus, Faculty of Economics. Kyoto University, Japan.</p> | <p>Dr. (Mrs) T.M.S.S.K. Yatigammana Ekanayake Vice President, IOCES; Department of Education, University of Peradeniya, Sri Lanka</p> |
| | <p>Mr. Joel Mukwede Member, IOCES Executive Committee, Ontario, Canada.</p> | <p>Dr. Gauri P. Hardikar Senior Vice President, World Curriculum, Secretary, IOCES; Executive Committee member, IALSE</p> |
| | <p>TR. IN. CHARGE: Dr. Ancy A. S., Mr. Rakesh Sharma & Ms. Meekha Suraj Koshy</p> <p>Student Coordinators: RAPPORTEURS: Shafi Thompson, Sapna S. COMPERING: Abirami, Shafi REPORT: Amala, Jyotsna TECHNICAL SUPPORT: PHOTOS: Shafi</p> | |

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| <p>Date: 05.01.2024</p> <p>Time: 9.30 am - 10.30 am (IST)</p> <p>Venue 1: MTTC Auditorium</p> | <p>INVITED LECTURE</p> <p>DRIVERS OF ADOLESCENT SEXUAL REPRODUCTIVE HEALTH RISKS: IMPERATIVE OF LIFE SKILLS EDUCATION AS MITIGATORS</p> |
| | <p>Dr. M K C Nair Former President, IAP and former VC, Kerala University of Health Sciences</p> |
| | <p>TR. IN. CHARGE: Ms. Meekha Suraj Koshy</p> <p>Student Coordinators: RAPPORTEURS: Sindhu Sara, Neethu, Akhila COMPERING: Arya (Eng) (Welcome Speech) REPORT: Jeena(Eng), Abeesha (SS) TECHNICAL SUPPORT: PHOTOS: Akhila</p> |

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| <p>Date: 05.01.2024</p> <p>Time: 10.45 am - 1.30 pm (IST)</p> <p>Venue 1: MTTC Auditorium</p> | <p align="center">PLENARY-NGO CONCLAVE LIFE SKILLS EDUCATION FOR SOCIAL EMPOWERMENT AND INCLUSION</p> | |
| | <p align="center">Moderator: Prof. A K Mohan Dean, School of Social Sciences, Central University of Kerala</p> | |
| | <p align="center">Sri Jiji Thomson IAS (Retd), Former Chief Secretary, Govt. of Kerala; Managing Director, Bharat Bhavika Foundation, Thiruvananthapuram</p> | <p align="center">Dr. Kalpana Apte Director General, Family Planning Association of India</p> |
| | <p align="center">Dr. Pramila Thapa Associate Professor and Founder of Life Skills Education Institutes, Nepal.</p> | <p align="center">Mr Roshan Dalabandara Nutritionist, Consultant, Emotional Intelligence and Life Skills Training Team, Sri Lanka</p> |
| | <p align="center">Sreehari Ravindranath Director – Research and Impact, Dream a Dream, Bangalore, India</p> | <p align="center">Rama Bhide Founder Director, Alpha School of Life Skills, Mumbai, India Secretary, Indian Association of Life Skills Education</p> |
| | <p align="center">Snehal Shah Research and Impact Specialist, Quest Alliance, Bengaluru</p> | <p align="center">Mr. Ashokan Director, Centre for Life Skills Training, Chennai</p> |
| | <p align="center">Mr. S. Jyothis Chandran Chairman & Managing Director Jyothis Educational Charitable Trust, Thiruvananthapuram</p> | |
| | <p>TR. IN. CHARGE: Dr. Reshmi</p> <p>Student Coordinators: RAPPORTEURS: Sindhu Sara, Pavithra, Smrithi COMPERING: Arathi (NS) (Welcome Speech) REPORT: Anagha Aji (Eng), Shehanaz (SS) TECHNICAL SUPPORT: PHOTOS: Pavithra</p> | |

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| <p>Date: 05.01.2024</p> <p>Time: 2.30 pm - 4.00 pm (IST)</p> <p>Venue 1: MTTC Auditorium</p> | PLENARY- PANEL DISCUSSION III | |
| | FOSTERING SELF-RELIANCE AND EMPLOYABILITY THROUGH LIFE SKILLS | |
| | <p>Moderator: Dr. Sajeev Nair CEO and Managing Director of ASSET and CHRS (Former Senior Vice President – Reliance Industries Limited Mumbai).</p> | |
| | <p>Speakers</p> | |
| | <p>Prof. Sudhir Kapoor Rtd. Principal from SCERT, New Delhi</p> | <p>Prof. (Dr) Saji T G, Professor& Dean, School of Business Studies, Central University of Kerala</p> |
| | <p>Sri. C. G. Andavar State Director, KVIC, Thiruvananthapuram</p> | <p>V. Manogaran Director, Emotional Intelligence and Life Skills Training Team, Sri Lanka</p> |
| <p>TR. IN. CHARGE: Dr. Bindu B.</p> <p>Student Coordinators: RAPORTEURS: Achu Sajan, Sanila COMPERING: Karthika (Maths), Devika (NS) REPORT: Devi Surya (Maths), Ancy (NS) TECHNICAL SUPPORT: PHOTOS: Sanila</p> | | |

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| <p>Date: 05.01.2024</p> <p>Time: 2.30 pm - 4.00 pm (IST)</p> <p>Venue 2: Seminar Hall (First Floor)</p> | PLENARY- PANEL DISCUSSION IV | |
| | ENVIRONMENT AND LIFE SKILLS EDUCATION – SUSTAINABLE PRACTICES | |
| | <p>Moderator: Prof. (Dr.) Bindu R L Professor, Department of Education, University of Kerala</p> | |
| | <p>Speakers</p> | |
| | <p>Prof. (Dr.) Maya S Professor, Mar Theophilus Training College, Nalanchira, Thiruvananthapuram</p> | <p>Dr. Sowjanya Sree K Assistant Professor, Dept. of Environmental Science, Central University of Kerala</p> |

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| | Dr. Induchoodan N C Kerala Forest Research Institute, Kerala | |
| | TR. IN. CHARGE: Mr. Rakesh Sharma Student Coordinators: RAPORTEURS: Anju CK, Sapna COMPERING: Gayathri (Eng), Hridya (Eng) REPORT: Aleena (Eng), Manjima (NS) TECHNICAL SUPPORT: PHOTOS: Anju | |

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| Date: 05.01.2024 Time: 4.15 pm - 6.00 pm (IST) Venue 4: Research Room | THINK TANK EMPOWERING THE DISABLED, THE LIFE SKILLS WAY | |
| | Moderator: Dr Kalpana Apte Director General, Family Planning Association of India | |
| | Speakers | |
| | Justice S H Panchapakesan State Disability Commissioner, Kerala | Prof. Shekhar Seshadri Former Director, NIMHANS, Bangalore |
| | Prof. Baby Shari Dept. of Psychology, University of Calicut, Kerala | Prof. (Dr.) Asha J. V. Professor & Head of the Department, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam |
| | Dr. Anne Varghese Head and Associate Professor, Department of Psychology and Allied Services, NISH | Mr. Jomi John Advisory board member - All Kerala Wheel Chair Rights Federation, DPO |
| | Dr. Shivakumar Asst Prof, Dept of Education, Central University of Kerala | |
| | TR. IN. CHARGE: Dr. Neena Thomas | |

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| | Student Coordinators: RAPPORTEURS: Jyotsna, Sapna S COMPERING: Parvathy (M.Ed.) REPORT: Merin (Eng), Gopika (Math) TECHNICAL SUPPORT: PHOTOS: Jyotsna |
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4.15 pm - 6.00 pm: **THEMATIC PAPER PRESENTATIONS**

Day Three: 06/01/2024

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|---|---|---|
| Date: 06.01.2024 Time: 9:30 – 11:15 AM (IST) Venue 1: MTTC Auditorium | SYMPOSIUM III INTEGRATING AND MAPPING LIFE SKILLS IN SCHOOL AND HIGHER EDUCATION CURRICULUM | |
| | Moderator: Prof Jayaprakash R K Director, State Council of Educational Research & Training, (Vidyabhavan) Thiruvananthapuram | |
| | Speakers | |
| | Prof. Dr. G. Viswanathappa Professor in Education, Regional Institute of Education, NCERT, Mysore | Ms W. Rasika Manohari, Consultant, Trainer, Emotional Intelligence and Life Skills Training Team, Sri Lanka |
| | Sreehari Ravindranath Director – Research and Impact, Dream a Dream, Bangalore, India | Prof. (Dr.) M. N. Mohamedunni Alias Musthafa Professor & Head, Department of Education, Director, ESNCLSE, Central University of Kerala, President, IALSE |
| | TR. IN. CHARGE: Dr. Deepti Elizabeth Matthews Student Coordinators: RAPPORTEURS: Anju, Vincy COMPERING: Maria (Eng), Radhika (Eng) REPORT: Sugaina (NS), Gopika (M.Ed) TECHNICAL SUPPORT: Shaifi Thompson PHOTOS: Vincy | |

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| <p>Date: 06.01.2024</p> <p>Time: 9:30 – 11:15 AM (IST)</p> <p>Venue 2: Seminar Hall (First Floor)</p> | PANEL DISCUSSION V | |
| | LIFE SKILLS FOR HUMAN RIGHTS, CITIZENSHIP, AND SOCIAL HARMONY | |
| | Moderator: Prof. Suman Kumar Professor, Dept. of Political Science, Rajdhani College, Delhi | |
| | Panelists | |
| | Dr. Suju C. Joseph Head, PG & Research Department of Chemistry, Mar Ivanios College (Autonomous), Thiruvananthapuram | Mr. Andrew Michael Asst Professor, Loyola College of Social Sciences, Thiruvananthapuram |
| | Mr. George Verghese Former Deputy Director, NYKS, Govt of India, New Delhi | |
| TR. IN. CHARGE: Dr. Reshmi & Dr. Shiney Jacob Student Coordinators: RAPPORTEURS: Jeena M.V., Malini COMPERING: Navya (Eng) REPORT: Adarsh (SS) TECHNICAL SUPPORT: PHOTOS: Jeena | | |

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| <p>Date: 06.01.2024</p> <p>Time:</p> | <p>Brainstorming</p> <p>IMPLEMENTATION STRATEGY FOR UGC MODULE ON LIFE SKILLS EDUCATION</p> |
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| <p>9:30 – 11:15 am. (IST)</p> <p>Venue 3: M.Ed. Conference Room</p> | <p>Moderator: Prof. M N Musthafa, Head, Department of Education, Central University of Kerala Director, E. Sridharan Centre for Life Skills Education, Central University of Kerala</p> |
| | <p>TR. IN. CHARGE: Dr. Neena Thomas & Mr. Rakesh</p> <p>Student Coordinators: RAPPORTEURS: Pavithra, Neethu COMPERING: Devika (Eng), Maria (Eng) REPORT: Sandra (SS) TECHNICAL SUPPORT: PHOTOS: Pavithra</p> |

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| <p>Date: 06.01.2024</p> <p>Time: 11:30am – 01:30pm. (IST)</p> <p>Venue 3: M.Ed. Conference Room</p> | <p>FOCUS GROUP DISCUSSION</p> <p>LIFE SKILLS IN TEACHER EDUCATION SYSTEM</p> | |
| | <p>Moderator: Prof. (Dr.) V. Reghu Director, M.Ed. Department, Mar Theophilus Training College Former Dean & Controller of Exams., RGNIYD, Govt. of India</p> | |
| | <p>Speakers</p> | |
| | <p>Dr. V.M. Sasikumar Patron, Council for Teacher Education Foundation (CTEF) India, South Zone</p> | <p>Prof. Dr. G. Viswanathappa Professor in Education, Regional Institute of Education, NCERT, Mysore</p> |
| | <p>Dr. Chandrashekharan Praveen Faculty, ITEP, NIT, Calicut.</p> | <p>Prof. Dr. Rajeswari K Professor & Head, Centre for Research and Development, NVKSD College of Education, Attoor, Tamil Nadu.</p> |
| | <p>Dr. N. Johnson Head, Department of Lifelong Learning, Alagappa University, Karaikudi, Tamil Nadu.</p> | <p>Dr. Bindu T V Associate Professor. & HOD, Dept. of Education, University of Kerala</p> |

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| | Dr. Pramod Dinakar General Secretary, CTEF Kerala Head, School of EGCS, Chinmaya Vishwa Vidyapeeth, Ernakulam, Kerala. | Ms Niroshika Karawdeniya Preschool teacher, Counsellor, Emotional Intelligence and Life Skills Training Team, Sri Lanka |
| | TR. IN. CHARGE: Dr. Neena Thomas, Dr. Reshmi & Mr. Rakesh Student Coordinators: RAPPORTEURS: Smrithi S Pillai, Deepa, Sarju COMPERING: Abhirami (NS) REPORT: Maria, Navya (Eng) TECHNICAL SUPPORT: PHOTOS: Deepa | |

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| Date: 06.01.2024 Time: 11:30 am – 01:30 pm. (IST) Venue 2: Seminar Hall (First Floor) | SYMPOSIUM IV YOGA AS A SUPPLEMENTARY TOOL TO LIFE SKILLS FOR PERSONAL EFFECTIVENESS | |
| | Moderator: Dr. Sunitha Ranjan Master Trainer in Life Skills & Life Coach, Chennai | |
| | Speakers | |
| | Ms. Chitra M S Additional Secretary to Govt of Kerala; Secretary and Registrar, ICFOSS, Swatantra, South Pavilion, Sports Hub Kerala, India. | Dr. G Suresh Kumar Director, Sree Vidyadhi Raja International Study and Research Centre, Kannanmmoola, Thiruvananthapuram |
| | Ms. Cynthiya Niluxshini Robinson International Certified Yoga Teacher, Emotional Intelligence and Life Skills Training Team, Sri Lanka | Dr. James T Joseph Rtd. Associate Professor & Controller of Examinations, Former Principal of Sarvodaya Vidyalaya |
| | TR. IN. CHARGE: Dr. Deepti Elizabeth Matthews Student Coordinators: RAPPORTEURS: Jeena, Malini, Sanila COMPERING: Preethi, Abraham (Maths) REPORT: Anju Alex (PS) TECHNICAL SUPPORT: PHOTOS: Malini | |

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| <p>Date: 06.01.2024</p> <p>Time: 2:30 – 4:00 pm (IST)</p> <p>Venue: Mar Baselios Engineering College Auditorium</p> | <p style="text-align: center;">VALEDICTORY</p> <p style="text-align: center;">Welcome Address Dr. Maya S. Professor, Mar Theophilus Training College, Thiruvananthapuram & Organizing Secretary, ICLSE 2024</p> <p style="text-align: center;">Report Presentation Ms. Rama Bhide Secretary, IALSE & Organizing Secretary, ICLSE 2024</p> <p style="text-align: center;">Blessings Moran Mor Baselios Cardinal Cleemis Catholicos</p> <p style="text-align: center;">Address Prof. (Dr.) M. N. Musthafa Professor & Head, Department of Education, Director, ESNCLSE Central University of Kerala; President, IALSE & Director, ICLSE 2024</p> <p style="text-align: center;">Honorary Membership to Distinguished Stalwarts IALSE</p> <p style="text-align: center;">Award Distribution Ceremony Council for Teacher Education Foundation</p> <p style="text-align: center;">Certificate Distribution</p> <p style="text-align: center;">Release of Proceedings Book</p> <p style="text-align: center;">Concluding remarks Dr A. Radhakrishnan Nair Founder President, IALSE & Chairperson, ICLSE 2024</p> <p style="text-align: center;">Address by Guest of Honour Prof. K. C Baiju Vice Chancellor (I/c), Central University of Kerala</p> <p style="text-align: center;">Valedictory Address Chief Guest Dr S. Jaishankar Honourable Minister of External Affairs, Government of India</p> <p style="text-align: center;">Vote of thanks Dr. Joju John Principal (I/c), Mar Theophilus Training College & Convenor, ICLSE 2024</p> |
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9th INTERNATIONAL CONFERENCE ON LIFE SKILLS EDUCATION (ICLSE 2024)

Global Synergy for Sustainable Development: Integrating Life Skills for Systemic Change

THEMATIC PAPER PRESETATIONS In-Person

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|-------|---------------|-------|----------|---------------|---|--|
| 1 | AARTI BARDHAN | 8 | 5/1/2024 | 4.00pm-6.00pm | Lifelong Learning for All: Life Skills Across Generations. | SEL is a causative factor to enhance overall performance amongst the adolescents and their caregivers. |
| 2 | ADARSH V.S | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Significance of Life Skill Education in Indian Education System |
| 3 | Adarsh V.S | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Significance Of Life Skill Education in Indian Educational System |
| 4 | AMALJITH P K | 5 | 5/1/2024 | 4.00pm-6.00pm | Cultivating Entrepreneurs and Fostering Employability: Life Skills for Self-Reliance and Innovation. | Exploring Employability Awareness and Communication Skills: A Comparative Study of Keralites and Non-Keralites in Central University of Kerala |
| 5 | ANCY B R | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Impact of Integrating Life skills and Yoga For Health and Well being |
| 6 | ANJU P | 5 | 5/1/2024 | 4.00pm-6.00pm | Application of Life Skills to empower differently abled and socially, economically, and culturally disadvantaged communities. | A Holistic Framework for Life Skills Education for Individuals with Disabilities in Alignment with NEP 2020 |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|-------|--------------------|-------|----------|---------------|--|--|
| 7 | Ankita Shukla | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | TITLE:- "THE IMPACT OF LIFE SKILLS AWARENESS AND YOGA PRACTICE ON PHYSICAL HEALTH AND MENTAL WELL-BEING AMONG POSTGRADUATE STUDENTS: A COMPARATIVE STUDY BETWE YOGA PRACTITIONERS AND NON YOGA PRACTITIONERS " |
| 8 | ANU C UNNI | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Empowering Future Educators: Integrating Life Skills Education to Bridge the Digital Divide in Prospective Teachers. |
| 9 | ANURANJ K K | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an instrument to foster gender equality and social inclusivity. | The Impact of Life skills Education on Social Integration among Transgender Individuals: Study on the Importance and Effectiveness of Empowering Life Skills for Enhanced Well-being and Community Inclusion |
| 10 | ARJUN R S | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Contemplative Education Practices for Enhancing Empathic Communication among Prospective Primary School Teachers |
| 11 | ARYA S | 8 | 5/1/2024 | 4.00pm-6.00pm | Lifelong Learning for All: Life Skills Across Generations. | Empowering generations;life skill education for all. |
| 12 | ASHISH KUMAR DUBEY | 5 | 5/1/2024 | 4.00pm-6.00pm | Cultivating Entrepreneurs and Fostering Employability: Life Skills for Self-Reliance and Innovation. | LIFE SKILLS AWARENESS AS A DETERMINANT OF ENTREPRENEURSHIP AND EMPLOYABILITY SKILLS AMONG POSTGRADUATE STUDENTS |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|-------|-----------------------|-------|----------|---------------|--|--|
| 13 | ATHENA D | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Bridging the Digital Divide through Life Skill Education |
| 14 | B SAI SOUJANYA KUMARI | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Exploring Life Skill Development Patterns Among Secondary School Students: A Comprehensive Survey |
| 15 | DARSANA V | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | On the Role of Self-Awareness, Self-Efficacy and Well-Being in career choice of undergraduate engineering students : An exploratory study |
| 16 | DEEPA .S | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | GAINING STEM: REAL LIFE SKILLS IN SCIENCE, TECHNOLOGY, ENGINEERING AND MATHEMATICS |
| 17 | DIVYA S B | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Significance of Life skills education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. |
| 18 | Dr. KOTRA BALAYOGI | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Life Skills Education in 21st Classrooms |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|-------|------------------------|-------|----------|-------------------|--|---|
| 19 | IMRAN ALI SAHAJI | 6 | 4/1/2024 | 4.00pm- 6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Effectiveness of Life Skills Training Programme on Self-calibration and Assertiveness among ITEP B.Ed students in Kerala |
| 20 | Jaison M Thomas | 7 | 4/1/2024 | 4.00pm- 6.00pm | Life Skills for Human Rights, Social Harmony, Peace and Compassion. | Cultivation and inculcation of value based education in Life skill training |
| 21 | JANET P BABU | 7 | 5/1/2024 | 4.00pm- 6.00pm | Life Skills Education as an instrument to foster gender equality and social inclusivity. | A comparative study of life skill acquisition among secondary school students in coeducational and segregational classroom setting in Trivandrum District |
| 22 | JASMINE BERNARD | 5 | 4/1/2024 | 4.00pm- 6.00pm | Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes. | Promoting Life Skills among Adolescent in Government School |
| 23 | JIBIN DOMINIC | 8 | 5/1/2024 | 4.00pm- 6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Device-Induced Learning Gaps: Examining the Differential Impact of Laptop and Mobile Phone Usage on the Learning Profile of B.Ed Students |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|-------------------|--------------|------------|---------------|--|--|
| 25 | JOSMI JOSHI | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Effect of zumba training in stress management among school students |
| 26 | KAMALA LAKSHMI GK | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | AAstanga Yoga at upskilling resilience: A review |
| 27 | KANISHCA S | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | The relationship between Fear of Happiness and Perceived Happiness among male and female young adults. |
| 28 | KASTHURI P K | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Adaptive problem-solving strategies depicted in Pancatantra |
| 29 | LAVANYA AV | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | A study on Family Functioning, self-esteem , and emotional intelligence |
| 30 | LEKSHMI RAJ R | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Life Skills and Yoga for Health and Wellbeing |
| 31 | MALAVIKA S R | 5 | 5/1/2024 | 4.00pm-6.00pm | Application of Life Skills to empower differently abled and socially, economically, and culturally disadvantaged communities. | IMPORTANCE OF LIFE SKILL EDUCATION IN DIFFERENTLY ABLED CHILDREN AND ITS IMPLICATION |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|---------------------|--------------|------------|---------------|---|---|
| 32 | MANOJ KUMAR DEWTWAL | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | SRES as an Intervention Strategy derived from the Indian Knowledge System for promoting Life Skills Education |
| 33 | MOHAMMED KABEER A | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Research Progress and Prospects of Life skills: A bibliometric overview |
| 34 | Muraleedharan P G | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Bridging the Gap: Resolving the Digital Divide through Life Skills Education |
| 35 | NAVYA J | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an instrument to foster gender equality and social inclusivity. | THE SIGNIFICANCE OF LIFESKILLS AS AN INSTRUMENT TO FOSTER GENDER EQUALITY AND SOCIAL INCLUSIVITY |
| 36 | OP FOUSIYA | 8 | 5/1/2024 | 4.00pm-6.00pm | Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences. | COMMUNICATION STYLES IN INTERPERSONAL RELATIONSHIPS: A CROSS-CULTURAL ANALYSIS OF INDIAN AND CANADIAN STUDENTS |
| 37 | P.G. MURALEEDHARAN | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | EMPOWERING DIGITAL INCLUSION: EXAMINING THE IMPACT OF LIFE SKILLS EDUCATION ON CRITICAL THINKING IN THE DIGITAL AGE |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|--------------------|--------------|------------|-----------------|--|---|
| 38 | PRITAM PRASUN | 5 | 5/1/2024 | 4.00pm - 6.00pm | Application of Life Skills to empower differently abled and socially, economically, and culturally disadvantaged communities. | Life Skills: Improving perceived self-efficacy and resilience among children separated from families. |
| 39 | PUSHPALATH A C | 7 | 4/1/2024 | 4.00pm - 6.00pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | EVOLUTION AND METAMORPHOSIS OF SOUHRID CLUBS IN KERALA AS AN AEGIS OF LIFE SKILLS : AN EXPLORATION |
| 40 | RAKSHA P | 6 | 5/1/2024 | 4.00pm - 6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Interpersonal relationship skills and decision making skills among young adults. |
| 41 | RSVN SHARMA | 6 | 4/1/2024 | 4.00pm - 6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Igniting Minds: A Comprehensive Life Skills Program for Holistic Personal and Academic Development. |
| 42 | S Dhanish Muthalif | 6 | 4/1/2024 | 4.00pm - 6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Emotional Expressivity, Emotional Regulation and Life Satisfaction among Young Adults in Chennai |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|----------------|--------------|------------|---------------|--|--|
| 43 | S.R. JAI KUMAR | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | A Comparative Study On The Level Of Resilience Among Introverts & Extroverts |
| 44 | SACHI N | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Explorative Study: Forgiveness, Self-esteem and psychological well-being among college students residing in Chennai |
| 45 | SALMA P | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education for better negotiations and bargaining for intra-household equity, democracy, and citizenship. | Negotiation Skill as A Key Determinant in Intra-Household Bargaining for Equity and Role Performance: A Comparative Study Among Joint, Nuclear, And Neutron Family |
| 46 | SAMEERA M | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | ELOPING BEHAVIORAL , PERSONALITY OF ADOLESCENCE :NECESSITY OF LIFE SKILL EDUCATION-A CORRELATIONA L STUDY |
| 47 | SANILA MANOJ | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | LIFE SKILLS EDUCATION FOR BRIDGING THE DIGITAL DIVIDE AMONG STUDENTS |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|-------|---------------------|-------|----------|---------------|---|---|
| 48 | SARUMATHI B | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education for better negotiations and bargaining for intra-household equity, democracy, and citizenship. | The procrastination and Marital Satisfaction among Married Women |
| 49 | SEEMA CHHOTU SHAIKH | 8 | 5/1/2024 | 4.00pm-6.00pm | Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences. | Embedding Global Competency Skill in the curriculum to make SDG's a reality |
| 50 | SHAFINA S | 7 | 4/1/2024 | 4.00pm-6.00pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | THE ROLE OF LIFE SKILLS IN EMPOWERING ADOLESCENTS TO PREVENT AND RESPOND TO VIOLENCE |
| 51 | SHAJI N RAJ | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Yoga for Life Skills: A Holistic Approach to Personal Development |
| 52 | SHAMSUN MUBEEN S | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | The relationship between Social Media Addiction and Procrastination among Young Adults |
| 53 | SHIFALI T V | 5 | 4/1/2024 | 4.00pm-6.00pm | Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes. | LIFE SKILLS EMBEDDED CURRICULUM FOR TRANSFORMING ECCE IN INDIA : A DISCOURSE IN THE CONTEXT OF NEP 2020 |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|----------------------|--------------|------------|---------------|--|--|
| 54 | SHIVANI KATARA | 7 | 4/1/2024 | 4.00pm-6.00pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | Life Skills for Informed Choices |
| 55 | SHIYANGSHAS | 5 | 4/1/2024 | 4.00pm-6.00pm | Life Skills and Yoga for Health and Wellbeing. | Need and Importance of Life Skills And Yoga for Health and Wellbeing |
| 56 | SMRITHI S PILLAI | 6 | 4/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | LIFE SKILL BASED PSYCHO COGNITIVE EXERCISES AND MENTAL HEALTH ACCLERATION |
| 57 | SOORYA NARAYANAN | 8 | 5/1/2024 | 4.00pm-6.00pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Gamified Learning as a Catalyzer on Students Thinking Skills: A Reverberation on Research Trajectory |
| 58 | SURAJ SHANKAR JADHAV | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an instrument to foster gender equality and social inclusivity. | The Relevance of Life Skills for Women in Disaster Prone Areas |
| 59 | SWETHA R | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | The relationship between Impostor phenomenon and Social safeness and pleasure among young adults |

| Sl no | Name | Venue | Day | Time | Sub- topic | Title of paper |
|--------------|----------------|--------------|------------|---------------|---|---|
| 60 | UMA BHARTI | 8 | 5/1/2024 | 4.00pm-6.00pm | Systemic Transformation through Life Skills Education for achieving Sustainable Development Goals - global and local perspectives and cross-cultural experiences. | LIFE SKILLS EDUCATION AS A TOOL FOR MITIGATION AND PREPAREDNESS AGAINST CALAMITIES: AN EXPLORATION IN THE CONTEXT OF KERALA'S EMERGENCIES |
| 61 | UPASNA ROY | 7 | 4/1/2024 | 4.00pm-6.00pm | Life Skills for Human Rights, Social Harmony, Peace and Compassion. | Fostering Life skill to ordinate peacebuilding and Compassion among pre-service teachers |
| 62 | VINESH VIJAYAN | 7 | 5/1/2024 | 4.00pm-6.00pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Importance of Lifeskill Education in the Digital Era |
| 63 | YAMINI | 6 | 5/1/2024 | 4.00pm-6.00pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Interpersonal communication and decision making among young adults |
| 64 | Yamini B | 5 | 4/1/2024 | 4.00pm-6.00pm | Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes. | Empowering Cadets of the National Cadet Corps (NCC) through Life Skills Education and Training: An Impact Assessment Study |

05/01/2023
ONLINE SESSIONS

| S no | Name | Paper Presentation Room | Time | Sub- topic | Title of paper |
|-------------|------------------------------|--------------------------------|-----------------|--|--|
| 1. | AKSHATA SAMANT | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Debates- A Powerful Tool to Hone Comprehensive Life Skills in Higher Education |
| 2. | ALEENA REETHA KURIAKOSE | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | EFFECTS OF YOGA FOR STRESS MANAGEMENT AMONG SCHOOL STUDENTS |
| 3. | ALOKA ASSUMI | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | An Analysis of Life Skills Education in Secondary Schools of Nagaland |
| 4. | Anjum Panna | 2 | 4.00pm -6.00 pm | Life Skills for Human Rights, Social Harmony, Peace and Compassion. | Turning screens into windows to the world - Film Media & Literacy |
| 5. | Annie R B | 2 | 4.00pm -6.00 pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | A STUDY ON THE SIGNIFICANCE OF LIFE SKILL EDUCATION AMONG ADOLESCENTS |
| 6. | AYISHA S H, ASHA P KURIAKOSE | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Developing Life Skills Through Direct Social Work Interventions : Transformative Experiences of Children of Mannan Tribe |

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|----|-------------------|---|-----------------|--|---|
| 7. | BEENA P | 2 | 4.00pm -6.00 pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | EFFECT OF LIFE SKILL EDUCATION ON ACADEMIC ACHIEVEMENT SELF CONCEPT AND EMOTIONAL COMPETENCE OF MINORITY ADOLESCENT |
| 8. | BHUMIKA PUDASAINI | 3 | 4.00pm -6.00 pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | Level of Emotional Intelligence of High School Students in Selected Government Schools in Gorkha District |
| 9. | BINDU T V | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | “Exploring the Resilience of Higher Secondary Students: Essential role of Praxis -Oriented Life Skills Centredness” |
| 10 | Deepa Bhanushali | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Foundation years and Yoga to build life skills |
| 11 | DEEPTI | 1 | 4.00pm -6.00 pm | Application of Life Skills to empower differently abled and socially, economically, and culturally disadvantaged communities. | Dalit Women and Life Skills Education: Problems and Challenges |
| 12 | G S Smitha Nair | 3 | 4.00pm -6.00 pm | Lifelong Learning for All: Life Skills Across Generations. | The Lifelong Learning Imperative and Soft Skills: To Future-proof Careers |
| 13 | GEETHA PRASANNAN | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | Post Covid Institutional Crisis II |
| 14 | Gopika V. S | 2 | 4.00pm -6.00 pm | Life Skills for Human Rights, Social Harmony, | Role of Life Skill Education In Enhancing Human Rights & Social Harmony |

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|----|------------------|---|-----------------|--|---|
| | | | | Peace and Compassion. | |
| 15 | Harshit Nehra | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Promoting global mental well-being: The role of yoga in coping with emotions and stress |
| 16 | HUMAIRAH KHATOON | 3 | 4.00pm -6.00 pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Exploring Teacher Trainees' Views on the Development of 21st Century Life Skills in Undergraduate Education Program |
| 17 | ILAXI BORA | 1 | 4.00pm -6.00 pm | Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes. | A Study on Awareness of Life Skills of Higher Secondary School Students of Jorhat district of Assam |
| 18 | INDRAJIT SINGH | 2 | 4.00pm -6.00 pm | Life Skills Education as an enabler towards personal and professional empowerment of individuals and communities in the global and local contexts. | A Review on Life Skills Framework for Life Skills Trainers and Trainee for empowerment of communities in the local contexts. -- |
| 19 | KULSUM KHAN | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | AWARENESS AND PRACTICE REGARDING YOGA AMONG HIGH SCHOOL STUDENTS IN SELECTED INSTITUTES OF THE KATHMANDU DISTRICT |
| 20 | LK LALBIAKFELI | 3 | 4.00pm -6.00 pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | Life Skills for Informed Choices: Adolescents and Reproductive Health |
| 21 | MUTHUSELVI A | 2 | 4.00pm -6.00 pm | Life Skills for Human Rights, Social Harmony, Peace and Compassion. | Leadership and Social Well-being : Dasakumaracarita's Perspectives |
| 22 | Nabin Lamichhane | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Emotional Intelligence of Teaching Faculty in a Health Science Institutes Affiliated with |

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| | | | | | Purbanchal University in Nepal |
| 23 | Nabin Lamichhane | 3 | 4.00pm -6.00 pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | UNIQUENESS OF BACHELOR IN PUBLIC HEALTH (BPH) PROGRAM OF PURBANCHAL UNIVERSITY (PU) |
| 24 | POOJA BAHETI | 3 | 4.00pm -6.00 pm | Lifelong Learning for All: Life Skills Across Generations. | Study of Self-esteem in female AYAs- I've Got My own back! |
| 25 | RAHUL KUMAR SAHU | 3 | 4.00pm -6.00 pm | Life Skills in the Indian Education System - Policy Initiatives and Strategies. | Aligning Life Skills development with Educational Goals: NEP 2020, Project-Based Learning and Peer Assessment in PBL |
| 26 | Remitha P | 3 | 4.00pm -6.00 pm | Resolving the digital divide and widening technological inequalities through Life Skills Education. | Information Literacy as a Life Skill : A Point to Ponder |
| 27 | Samim Sultana | 2 | 4.00pm -6.00 pm | Life Skills Education as an instrument to foster gender equality and social inclusivity. | Need of Life Skill Education to Promote Gender Equality |
| 28 | SATISH NATHU BHADANE | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Understanding the Factors Influencing Self-Esteem among Undergraduate Students: A Survey and Analysis |
| 29 | SHIVANI PIMPARKAR | 3 | 4.00pm -6.00 pm | Lifelong Learning for All: Life Skills Across Generations. | Can good self-esteem be- A protective factor to deal with exam anxiety – an assessment among school children of Vadodara city, Gujarat India |
| 30 | Shivani Singh | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Integrating Yoga into School Curriculum: Fostering Life Skills and Enhancing Emotional, Mental, and Social Development in Children |
| 31 | SHIYANGSHAS | 1 | 4.00pm -6.00 pm | Life Skills and Yoga for Health and Wellbeing. | Need and Importance of Life Skills And Yoga for Health and Wellbeing |
| 32 | U. PRATIBHA | 1 | 4.00pm -6.00 pm | Application of Life Skills to empower differently abled and socially, economically, and | Life skills training among persons with disabilities: A review. |

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| | | | | culturally disadvantaged communities. | |
| 33 | V. SASI KALA | 3 | 4.00pm -6.00 pm | Life Skills for Informed Choices: Adolescents and Reproductive Health. | Impact of Life skills Education on the Level of Life skills Among Adolescents |
| 34 | VINCY BIJU | 1 | 4.00pm -6.00 pm | Integration and mainstreaming of Life Skills Education as a policy within formal education systems and government initiatives - Global and local episodes. | A study on the impact of Case Based Learning strategy in Enhancing Critical Thinking |